

IRELAND HOCKEY VICTORY



The Olympics is the most insane goal. Its made me and broken me in equal measures. It's a dream I went after when I heard that I wasn't good enough. It's a stage that I desperately wanted to compete on. One that I appreciate more now that I'm out the other side.

Recently I watched this group of women qualify Ireland for the Olympics in women's hockey, the first time this has been done - what an amazing achievement! It came down to the tiniest of margins and they delivered under excruciating pressure. Only they truly know what it has taken to get their ticket to Tokyo. What a privilege to watch their journey continue. Congrats to everyone involved. Those who have paved the way over decades and those who continue to support.

Onwards & upwards



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