

WINTER WELLNESS EBOOK

**FREE
eBOOK
PROMO**



New Promotion just landed! Get my Free Winter Wellness eBook when you join, which is filled with some of my favourite go to winter recipes.

The weather is getting that bit chillier, the evenings are getting that bit darker, so for me, that means stews and soups galore!

I don't think there's anything more comforting than a stew or soup to warm you from the inside out as the days get colder, so that's why I've created my "Winter Wellness" eBook! The feedback from my "Summer Recipe" eBook was so amazing from members of the site, I thought this would be just as helpful if I created an eBook of my go to winter recipes.

This eBook contains over a dozen award-winning recipes which will keep you busy. To celebrate, I am launching this exciting promotion! When you join Derval.ie, I will email you my "Winter Wellness" eBook. Why not print it off and try some of the recipes

Some of the recipes include:

- Slow Cooker Beef Stew
- Pea & Mint Soup
- Slow Cooker Sausage Casserole
- Lemon Chicken Stew

Join today for just €7 a month to get access to my Winter Wellness eBook, and all of the rest of the content on my site.



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